



CONTENT COVERAGE	EYFS	KS1	LKS2	UKS2
<p>A1 Balls skills and invasion</p>	<p>Ball skills Children's free, spontaneous movement and how they demonstrate control. The way children recognise the need to take account of space. The way children manage themselves safely. Children talking about their heartbeat after running. Children's developing ball skills The variety of skills children use to pick up, position and release objects. Key vocabulary Space, travel, direction, throw, catch, team, pass</p>	<p>Ball skills and team games Master basic movements including running, jumping, throwing and catching Begin balance, agility and co-ordination Begin to apply skills in a range of activities Participate in team games Developing simple tactics for attacking and defending; Key vocabulary: Striking, catching, own space, team, speed, direction, passing, controlling, shooting, scoring</p>	<p>Football and adventurous activity Use skills in isolation Begin to apply these skills in combination. Apply basic principles for attacking and defending Play basic competitive games Develop strength, technique and control. Compare their performances with previous ones Demonstrate improvement to achieve their personal best. Take part in outdoor and adventurous activity challenges both individually and within a team Key vocabulary: Scoring goals, keeping score, making space, pass, send, receive, travel, make use of space, points, goals, rules, tactics, spotting</p>	<p>Rugby Use running, jumping, throwing and catching in isolation and in combination Play competitive games Apply principles suitable for attacking and defending Have an increased awareness of space Continue to develop strength, technique, control and balance Compare their performances with previous ones and demonstrate improvement to achieve their personal best Key vocabulary: Keeping possession, passing, support, marking, attackers, defenders, team play, fielding, defending, offside, pitch, sportsmanship</p>
<p>A2 Gymnastics and Dance</p>	<p>Use music of different styles and cultures to create moods and talk about how people move when they are sad, happy or cross. Motivate children to be active through games such as follow the leader. Talk about why children should take care when moving freely. Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space.</p>	<p>Master basic movements Begin to develop balance, agility and co-ordination, Begin to apply skills in a range of activities Develop simple tactics for attacking and defending Perform dances using simple movement pattern Key vocabulary: Forwards, backwards, sideways, roll, slow, body parts, shape, jump, travel, stretch, wide,</p>	<p>Use running and jumping in isolation Begin to apply these skills in combination Develop flexibility, strength, technique, control and balance Perform dances using a range of movement patterns Compare their performances with previous ones Demonstrate improvement to achieve their personal best Key vocabulary:</p>	<p>Use a range of skills in isolation and in combination Develop flexibility, strength, technique, control and balance Perform dances using a range of movement patterns Perform sequences with a string of movements involved Compare their performances with previous ones Demonstrate improvement to achieve their personal best Key vocabulary:</p>



	<p>They handle equipment and tools effectively. Show awareness of space, of themselves and of others move with control and coordination</p> <p>Key vocabulary: Stretch, large, small, space, control, balance, move, travel, coordination,</p>	<p>narrow, stillness, direction, space, levels, speed</p>	<p>Stretch, push, pull, step, spring, crawl, still, slowly, tall, long, forwards, high, low, roll, copy, jump, land, balance, space, repetition, action and reaction, pattern</p>	<p>Dance style, technique, pattern, rhythm, variation, unison, canon, action, reaction, muscles, joints, symmetrical, asymmetrical, rotation, turn, shape, landing, take-off, flight, performance, evaluation</p>
<p>A3 Field games and athletics</p>	<p>Athletics Pupils should be provided with opportunities for activities and physical challenges enabling them to learn, understand and develop the core skills of running, jumping and throwing in a co-operative context.</p> <p>Key vocabulary: Run, jump, throw, catch, speed, control, direction, own space, score</p>	<p>Field Games Master basic movements including running, jumping, throwing and catching Begin balance, agility and co-ordination Begin to apply skills in a range of activities Participate in team games Developing simple tactics for attacking and defending;</p> <p>Key vocabulary: Striking, catching, own space, team, speed, direction, passing, controlling, shooting, scoring</p>	<p>Athletics Use skills in isolation Begin to apply these skills in combination. Apply basic principles for attacking and defending Play basic competitive games Develop strength, technique and control. Compare their performances with previous ones Demonstrate improvement to achieve their personal best. Take part in outdoor and adventurous activity challenges both individually and within a team</p> <p>Key vocabulary: Power, rules, tactics, speed, take-off, land, technique, change-over, control, overarm, direction, sportsmanship, balance,</p>	<p>Cricket Use running, jumping, throwing and catching in isolation and in combination Play competitive games Apply principles suitable for attacking and defending Have an increased awareness of space Continue to develop strength, technique, control and balance Compare their performances with previous ones and demonstrate improvement to achieve their personal best</p> <p>Key vocabulary: Passing, support, team play, batting, fielding, bowler, defending, hitting, offside, pitch, forehand, backhand, bases, sportsmanship</p>
<p>B1 Ball skills and invasion</p>	<p>Ball skills Children's free, spontaneous movement and how they demonstrate control. The way children recognise the need to take account of space. The way children manage themselves safely.</p>	<p>Ball skills and team games Master basic movements including running, jumping, throwing and catching Begin balance, agility and co-ordination Begin to apply skills in a range of activities</p>	<p>Hockey Use skills in isolation Begin to apply these skills in combination. Apply basic principles for attacking and defending Play basic competitive games Develop strength, technique and control.</p>	<p>Netball Use running, jumping, throwing and catching in isolation and in combination Play competitive games Apply principles suitable for attacking and defending Have an increased awareness of space</p>



	<p>Children talking about their heartbeat after running. Children's developing ball skills The variety of skills children use to pick up, position and release objects. Key vocabulary Space, travel, direction, throw, catch, team, pass</p>	<p>Participate in team games Developing simple tactics for attacking and defending; Key vocabulary: Striking, catching, own space, team, speed, direction, passing, controlling, shooting, scoring</p>	<p>Compare their performances with previous ones Demonstrate improvement to achieve their personal best. Take part in outdoor and adventurous activity challenges both individually and within a team Key vocabulary: Keep possession, scoring goals, keeping score, making space, pass, send, receive, travel, make use of space, points, goals, rules, tactics, defending, hitting</p>	<p>Continue to develop strength, technique, control and balance Compare their performances with previous ones and demonstrate improvement to achieve their personal best Key vocabulary: Keeping possession, passing, shooting, support, marking, attackers, defenders, team play, defending, offside, pitch, sportsmanship</p>
<p>B2 Gymnastics and dance</p>	<p>Gymnastics Use music of different styles and cultures to create moods and talk about how people move when they are sad, happy or cross. Motivate children to be active through games such as follow the leader. Talk about why children should take care when moving freely. Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively. Show awareness of space, of themselves and of others move with control and coordination Key vocabulary: Stretch, large, small, space, control, balance, move, travel, coordination,</p>	<p>Master basic movements Begin to develop balance, agility and co-ordination, Begin to apply skills in a range of activities Develop simple tactics for attacking and defending Perform dances using simple movement pattern Key vocabulary: Forwards, backwards, sideways, roll, slow, body parts, shape, jump, travel, stretch, wide, narrow, stillness, direction, space, levels, speed</p>	<p>Use running and jumping in isolation Begin to apply these skills in combination Develop flexibility, strength, technique, control and balance Perform dances using a range of movement patterns Compare their performances with previous ones Demonstrate improvement to achieve their personal best Key vocabulary: Stretch, push, pull, step, spring, crawl, still, slowly, tall, long, forwards, high, low, roll, copy, jump, land, balance, space, repetition, action and reaction, pattern</p>	<p>Use a range of skills in isolation and in combination Develop flexibility, strength, technique, control and balance Perform dances using a range of movement patterns Perform sequences with a string of movements involved Compare their performances with previous ones Demonstrate improvement to achieve their personal best Key vocabulary: Dance style, technique, pattern, rhythm, variation, unison, canon, action, reaction, muscles, joints, symmetrical, asymmetrical, rotation, turn, shape, landing, take-off, flight, performance, evaluation</p>
<p>B3 Field games and athletics</p>	<p>Athletics Pupils should be provided with opportunities for activities and</p>	<p>Field games</p>	<p>Cricket Use a range of skills in isolation</p>	<p>Rounders</p>



	<p>physical challenges enabling them to learn, understand and develop the core skills of running, jumping and throwing in a co-operative context.</p> <p>Key vocabulary: Run, jump, throw, catch, speed, control, direction, own space, score</p>	<p>Master basic movements including running, jumping, throwing and catching Begin balance, agility and co-ordination Begin to apply skills in a range of activities Participate in team games Developing simple tactics for attacking and defending;</p> <p>Key vocabulary: Striking, catching, own space, team, speed, direction, passing, controlling, shooting, scoring</p>	<p>Begin to apply these skills in combination. Apply basic principles for attacking and defending Play basic competitive games Develop strength, technique and control. Compare their performances with previous ones Demonstrate improvement to achieve their personal best. Take part in outdoor and adventurous activity challenges both individually and within a team</p> <p>Key vocabulary: Keeping score, making space, pass, send, receive, travel, make use of space, points, rules, tactics, batting, fielding, defending, hitting</p>	<p>Use running, jumping, throwing and catching in isolation and in combination Play competitive games Apply principles suitable for attacking and defending Have an increased awareness of space Continue to develop strength, technique, control and balance Compare their performances with previous ones and demonstrate improvement to achieve their personal best</p> <p>Key vocabulary: Passing, support, team play, batting, fielding, bowler, defending, hitting, offside, pitch, forehand, backhand, bases, sportsmanship</p>
--	--	---	---	---